



Facilitated by:



Stakeholder Convening #1



**Lorain County
Public Health**

For the Health of Us All



**Lorain County
Public Health**
For the Health of Us All

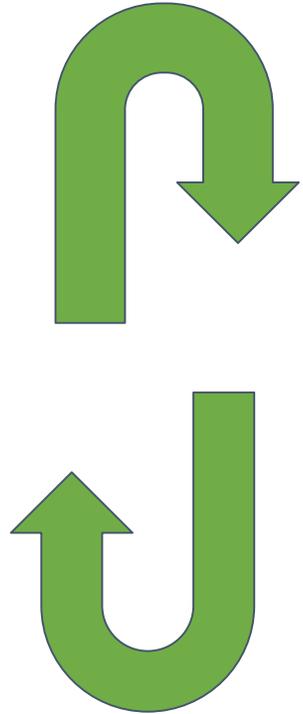
What to expect today...

1. Food Policy Council: overview, objectives, timeline
2. How we got here
3. What we've learned. What did we miss?
4. What's next...
 - a. Solutions & Existing Resources
 - b. Breakout Focus Sessions
 - c. Report Out & Next Steps

FOOD → 
FORWARD
LORAIN

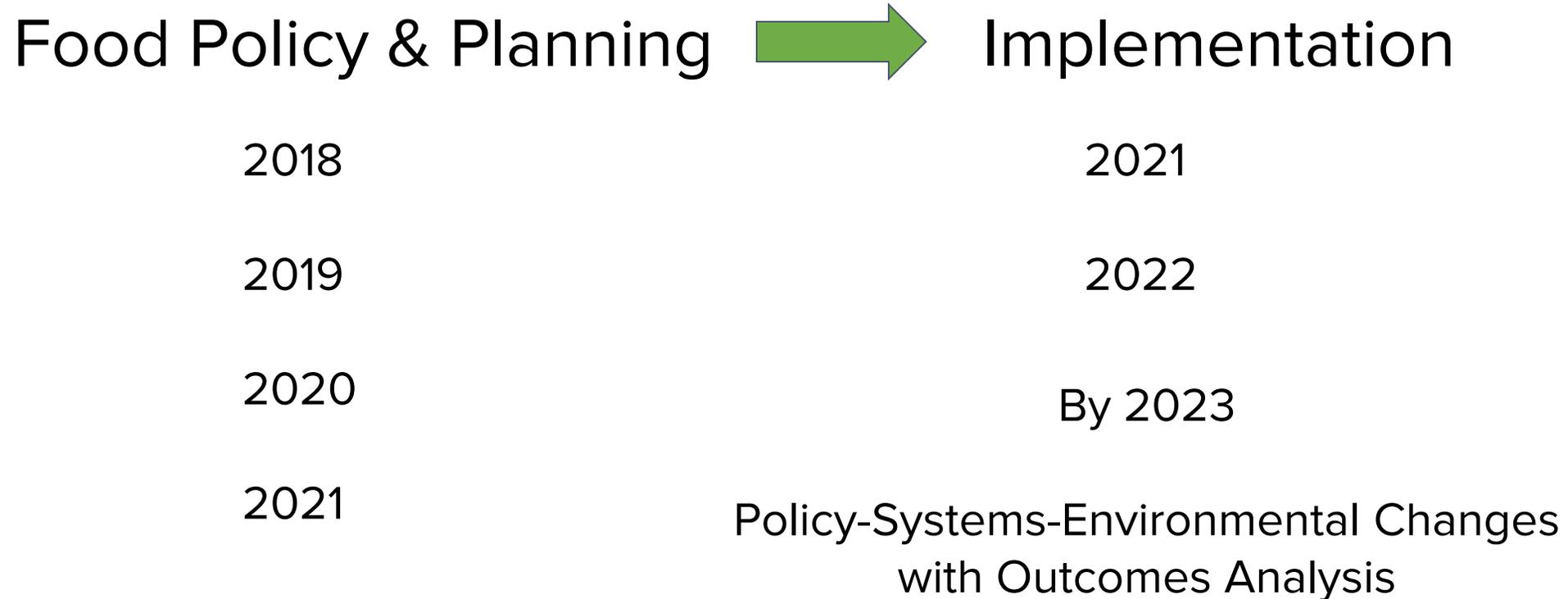
...a Food Policy Council

Objectives



1. Evaluate local food systems
2. Provide collaborative solutions to system problems
3. Increase coordination of food system resources
4. Implementation
5. Outcomes

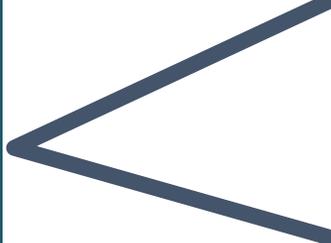
Timeline



2020  **2022**

Lorain County
**Community Health
Improvement Plan**

January 2020 - December 2022



Priority #1: Chronic Disease			
Facilitating Organization: Lorain County Public Health			
Goal 1: By 2022, stop the upward trend of female age-specific heart disease mortality (55-64 years) by staying at or below the last 5-year average (2013-2017, 103.3 deaths per 100,000 population).			
Strategy 2: Healthy food access (Healthy food initiative)			
Objective 1: By July 30, 2022, identify barriers to healthy food access and institute 2 initiatives to address barriers.			
Action Step	Timeline	Priority Population	Indicator(s) to measure impact of strategy:
Year 1: Establish inventory of healthy food access initiatives and subject matter experts (SMEs) in Lorain County. Identify best practice models that address food insecurity and healthy eating. Map Lorain County food deserts and healthy food access initiatives to identify barriers. Recommend policy, environmental and systems changes (PSEC) for improving healthy food access barriers based on inventory and data analysis. Prioritize tailored PSECs that impact groups facing health disparities. Produce and disseminate "Lorain County Food Access PSEC Recommendations" for implementation in Years 2-3.	2020	Females aged 55-64 yrs.	Fruit consumption: Percent of adults who report consuming fruits less than one time daily
Year 2: Partner with existing community health collaboratives/ coalitions to implement at least 1 PSEC that is tailored to priority population. Evaluate the number of policy, systems, or environmental changes adopted as a result of recommendations formed in Year 1.	2021		Vegetable consumption: Percent of adults who report consuming vegetables less than one time daily
Year 3: Partner with existing community health collaboratives/ coalitions to implement at least 1 additional PSEC that is tailored to priority population. Evaluate the number of policy, systems, or environmental changes adopted from Year 1, Year 2, and Year 3.	July 30, 2022		Percent of households that are food insecure
<p>Type of Strategy:</p> <p><input type="radio"/> Social determinants of health <input type="radio"/> Healthcare system and access</p> <p><input checked="" type="radio"/> Public health system, prevention and health behaviors <input type="radio"/> Not SHIP Identified</p>			
<p>Strategy identified as likely to decrease disparities?</p> <p><input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> Not SHIP Identified</p>			
<p>CHIP Priority Team Members: Amherst Exempted Village School District, CareSource, Cleveland Clinic, French Creek YMCA, LEAP, Lorain City School District, Lorain County Free Clinic, Lorain County Health & Dentistry, Lorain County Metro Parks, Mercy Health, Mercy Health Parish Nursing, Murray Ridge Center, Our FAMILY, Specialty Hospital of Lorain, University Hospitals Avon Health Center, University Hospitals Elyria Medical Center</p>			
<p>Resources to address strategy: GIS software, healthy eating best practices, local community collaboratives, Second Harvest Food Bank, Creating Healthy Communities grant</p>			
<p>*Note: Strategy is identified as cross-cutting (impacts more than one priority area)</p>			

LorainCountyHealth.com/CHA

How we got here

2019 Second Harvest Child Hunger Summit

Goal Setting: CHIP, Creating Healthy Communities

2020 Countywide inventory of food system

- Mapping & Analysis- Countywide, Lorain & Elyria

2021 Stakeholder 1:1s

- Theme summaries



Stakeholder Meeting #1

Deliverable: Three (3) focused comprehensive projects

Relational Purpose

Together we will feel inspired and energized by identifying action-oriented interventions to break through big challenges.

We'll leave with next steps identified to leverage existing resources and create new connections.

Things to Remember Today

We are NOT...

- Brainstorming
- Recapping details on current projects
- Focusing on stand-alone resources

We ARE...

- Connecting the dots of pre-identified suggestions from 1:1s
- Building on existing momentum
- Identifying action steps
- Focusing on multi-sector **SYSTEMS** to address health & hunger problems

Healthy Food Sites and Programs

88 views

All changes saved in Drive

 Add layer  Share  Preview

Pantries/School Pantries/Mobile P... 

  Uniform style

 All items (76)

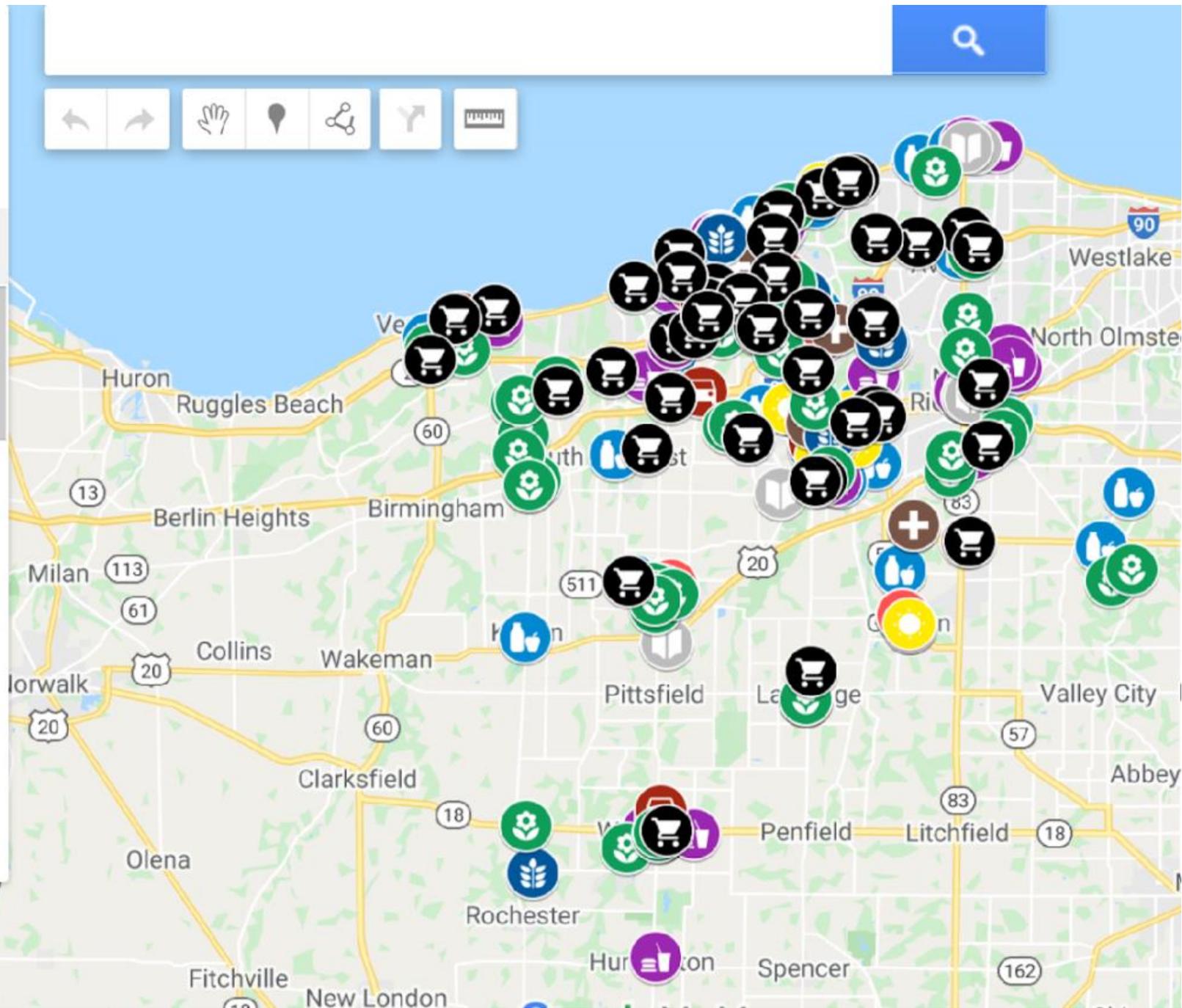
Community Meals 

  Uniform style

 All items (44)

Home Delivered Meals/Senior Box... 

  Uniform style

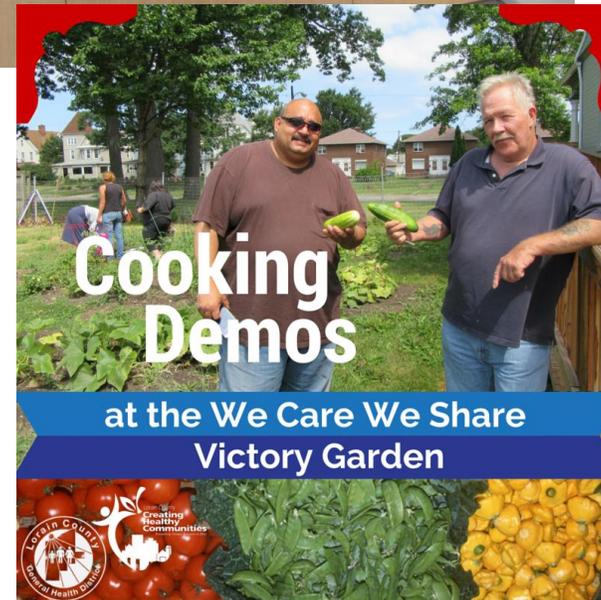


Current Resources in City & County

- Local Food Pantries and Hot Meals
- Mobile & School Pantry Distributions
- Senior Meal Delivery Service
- Lorain County Food Rescue
- School Feeding Programs
- OSU Extension Healthy Eating Education
- City Fresh
- Community Gardens
- Urban Farms
- Farmer's Markets
- Demo Kitchens
- Culinary Education
- Retailers, Bodegas, Convenience Stores
- Online food ordering....& more!



how to donate
**LEFTOVER
FOOD**



Existing Conditions Analysis

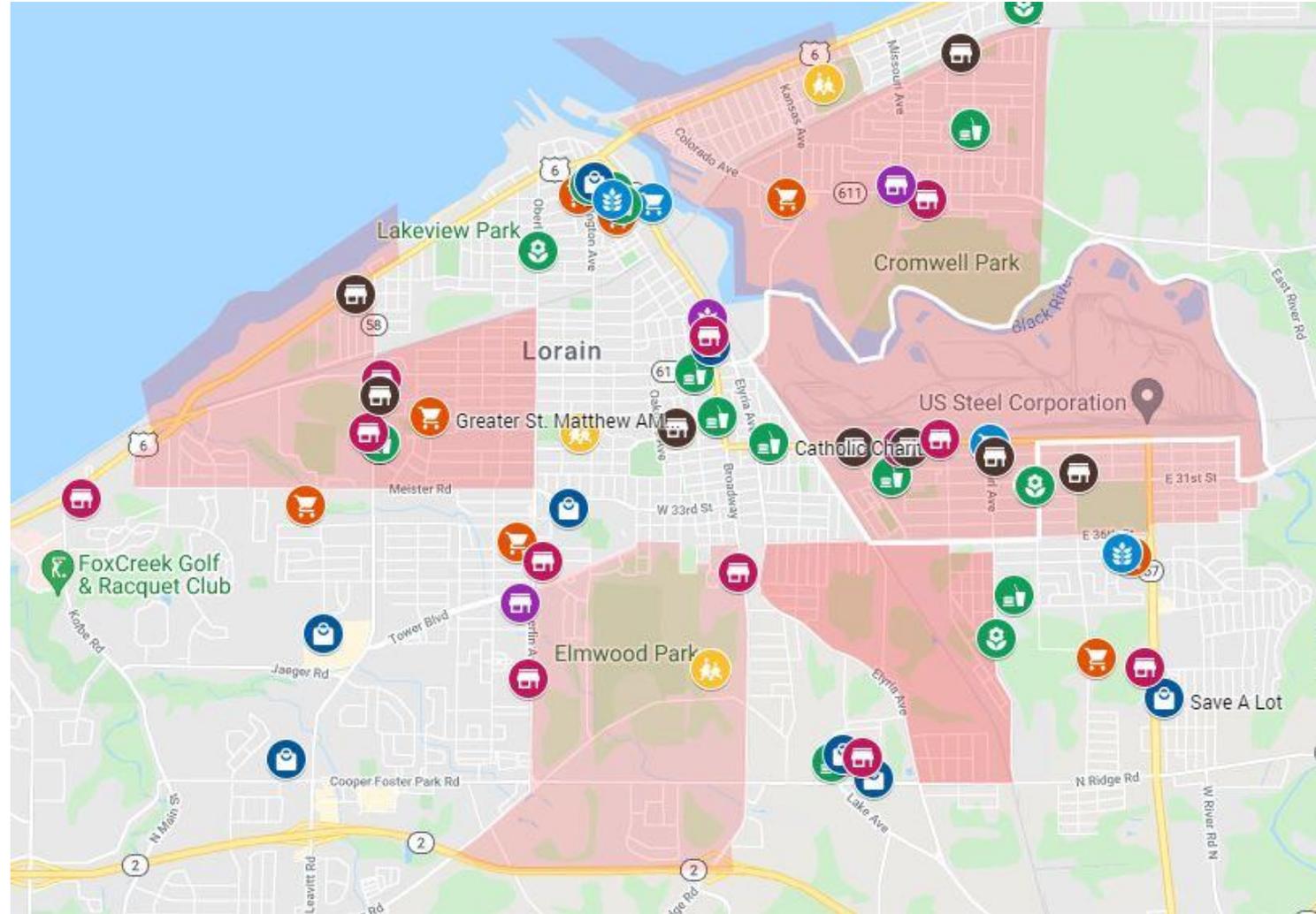
Why the City of Lorain:

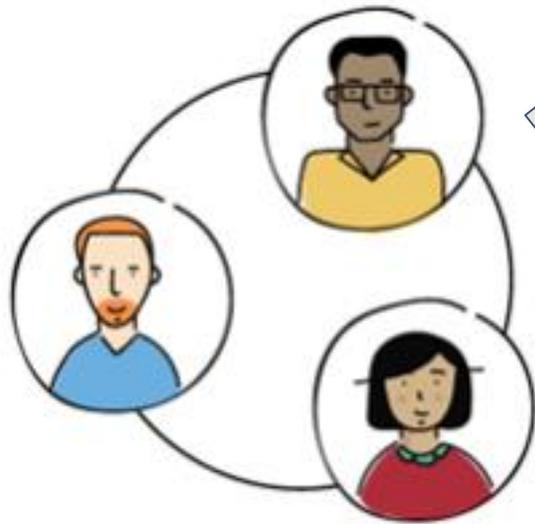
- Largest City: 63,855 People
 - 15.8% Seniors: 10,089
 - 24.8% Children under 18: 15,836
- High Poverty Level: 25.1% - 16,027
- Poverty Rate by Race/Ethnicity
 - 41.6% of African-American Community Members (4,667)
 - 31.56% of Latino Community Members (5,716)
 - 15.67% of White Community Members (5,090)

Existing Conditions Analysis

Food Inventory Key

-  Food Pantries
-  CSFP Sites (Senior Boxes)
-  Mobile Food Pantries
-  School Pantries
-  Community Meals
-  Food Desert Areas
-  Major Grocery Stores
-  Gardens/Farms
-  Produce Stands/CSA's

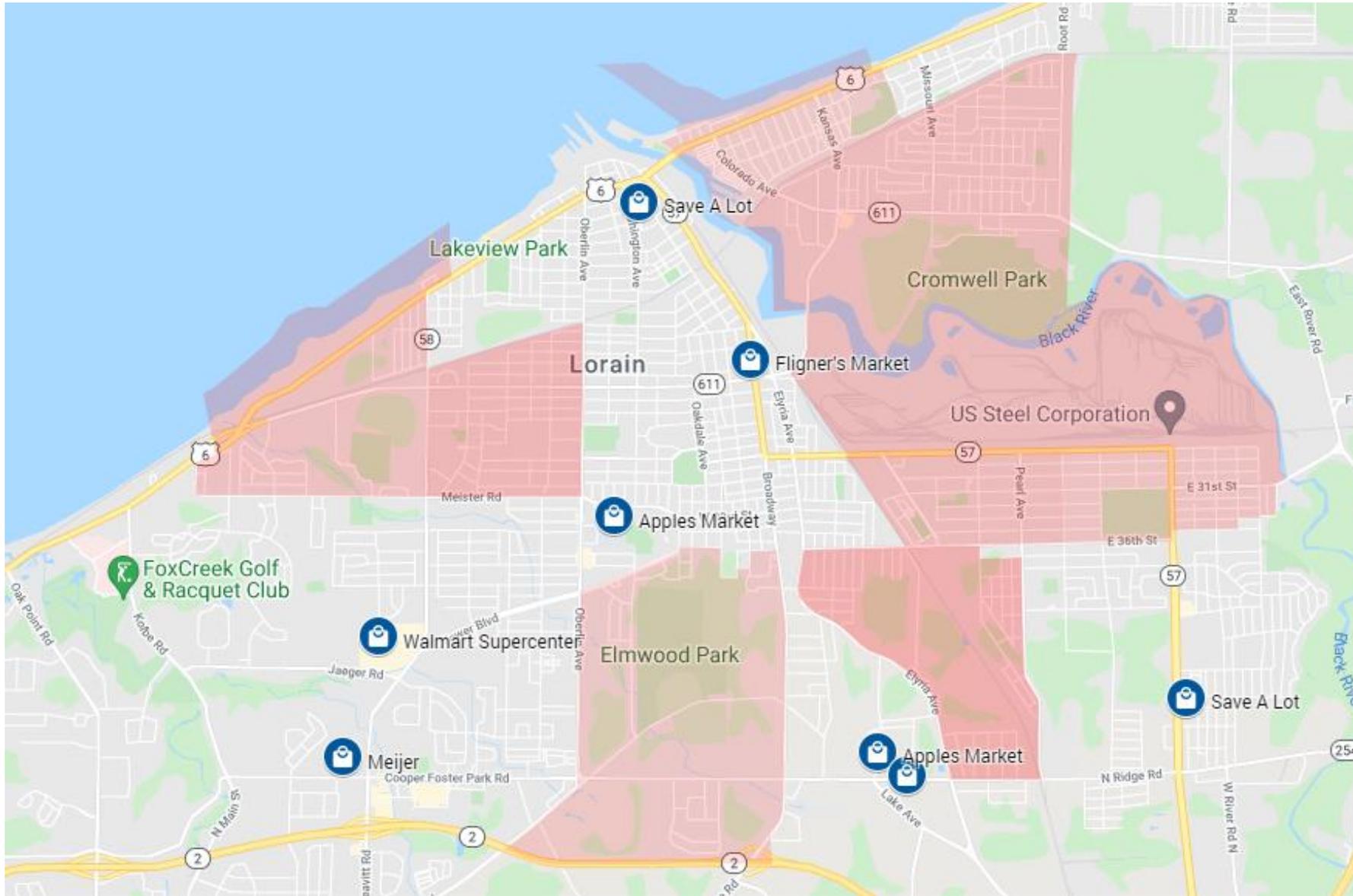




“Growing up, we couldn’t get to the grocery store without my dad’s car.”

- Lorain Native/Resident

Grocery Stores

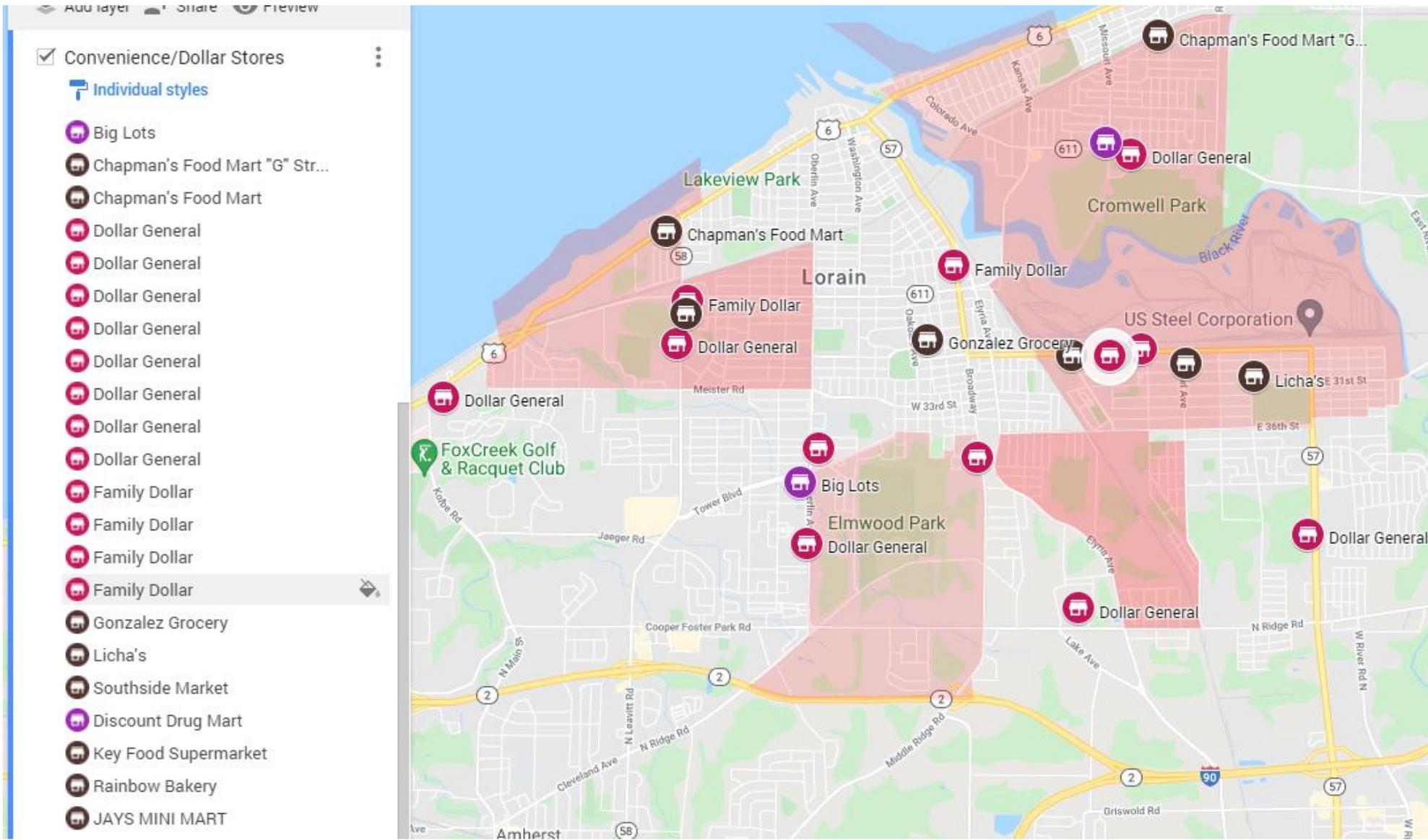




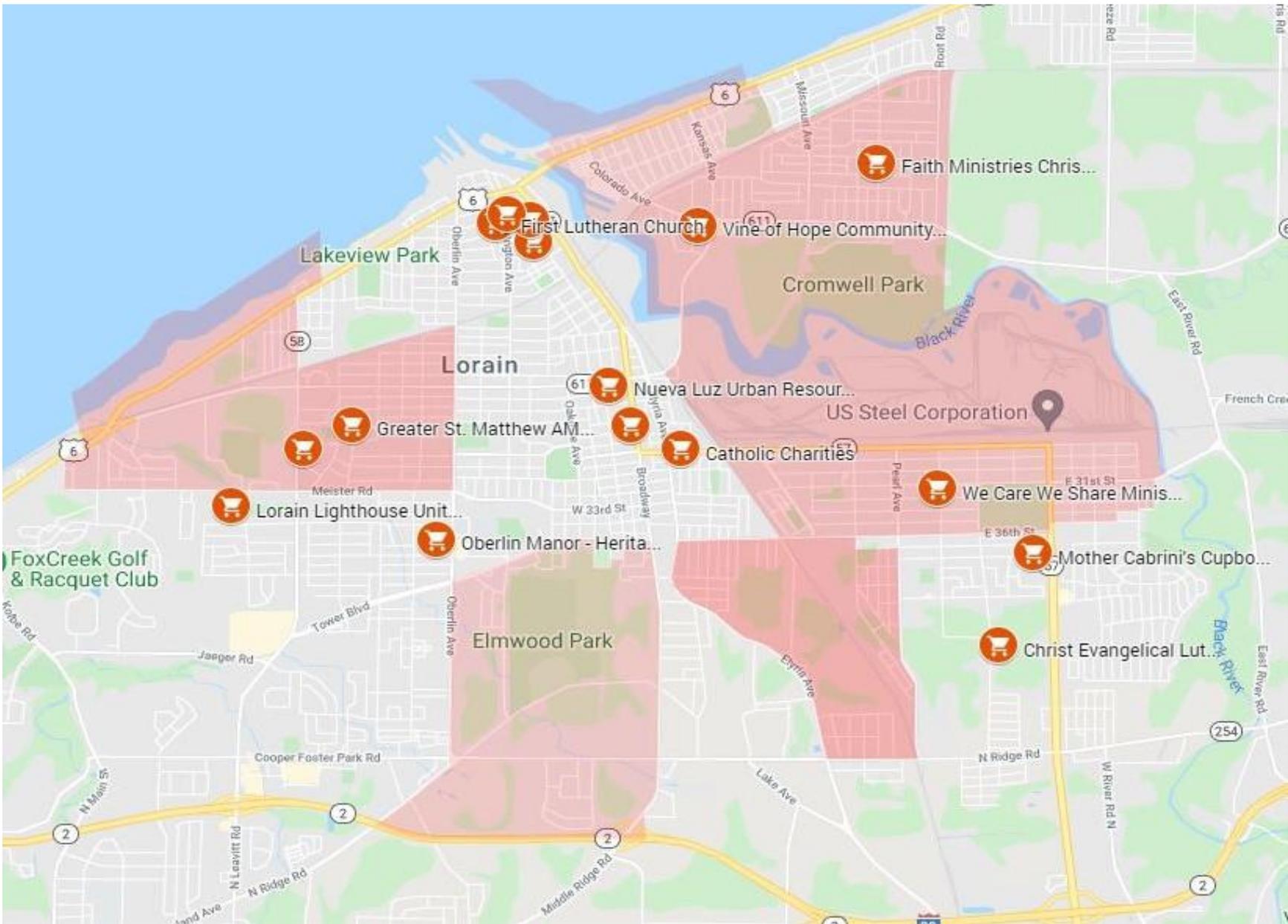
“Growing up, my family treated the bodegas like grocery stores. They were the closest thing to a grocery store. Thankfully, there’s a Save A Lot there now but they don’t have a good selection of produce.”

- Lorain Native / Former Resident

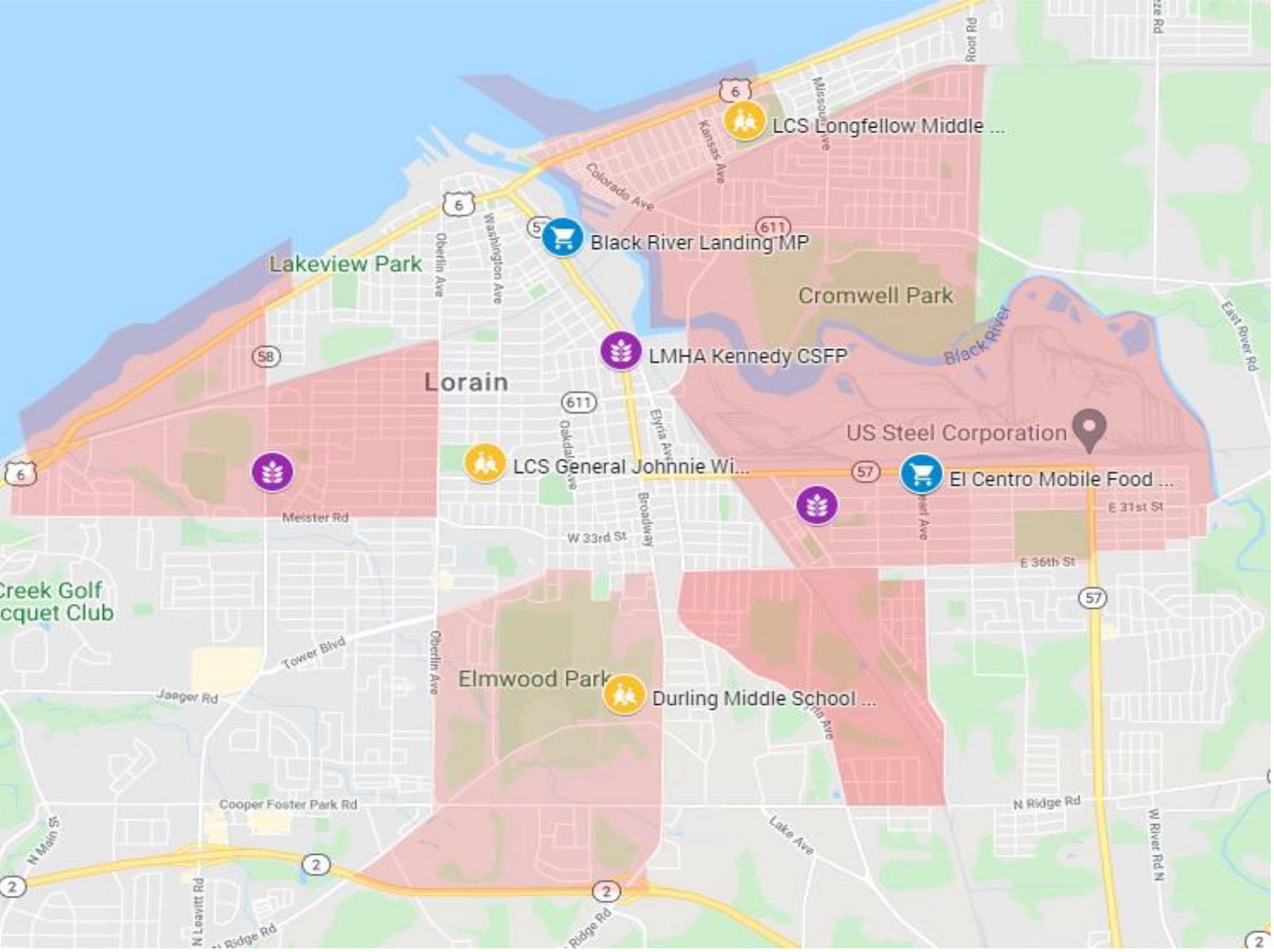
**Convenience
Stores**



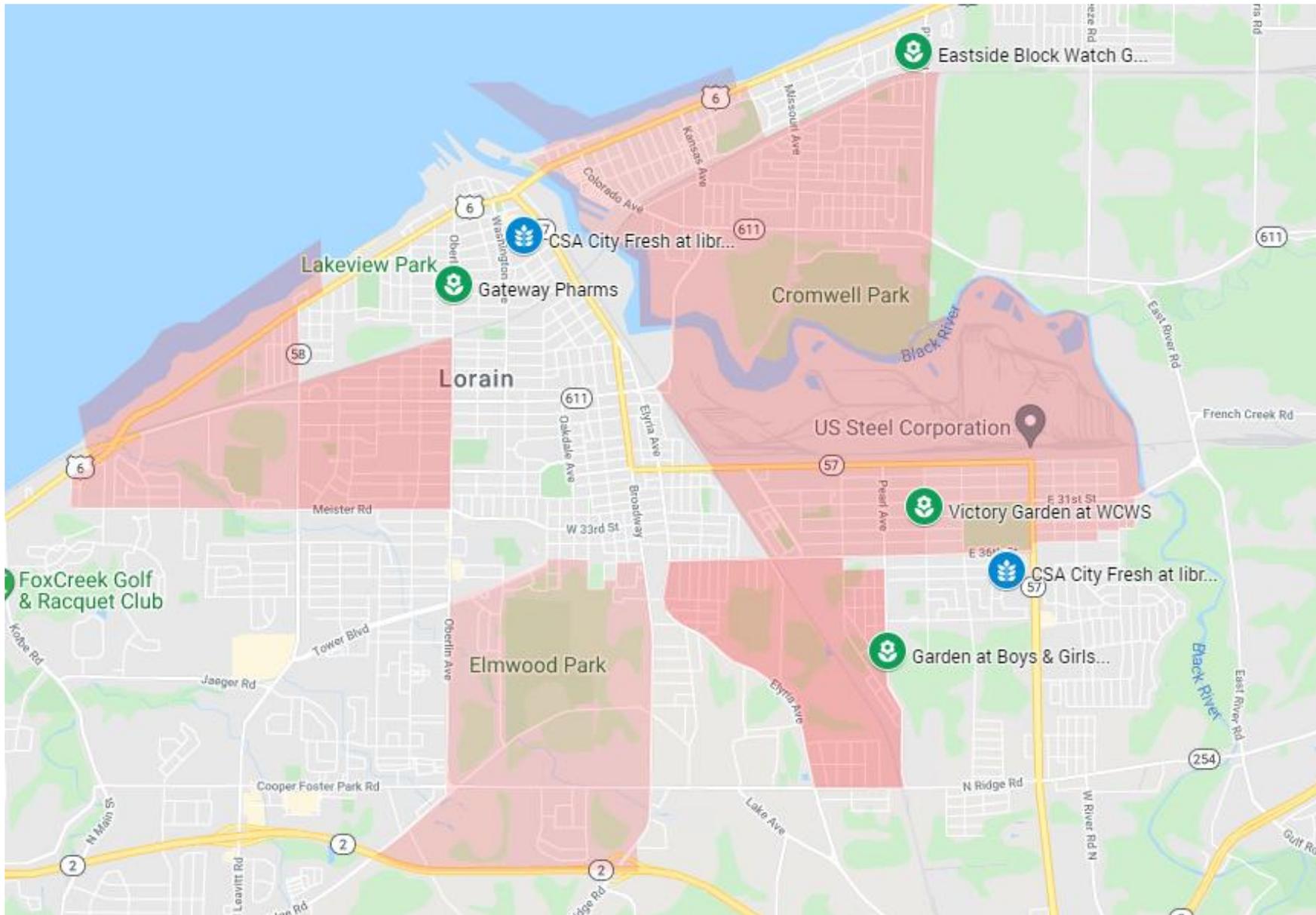
Food
Pantries



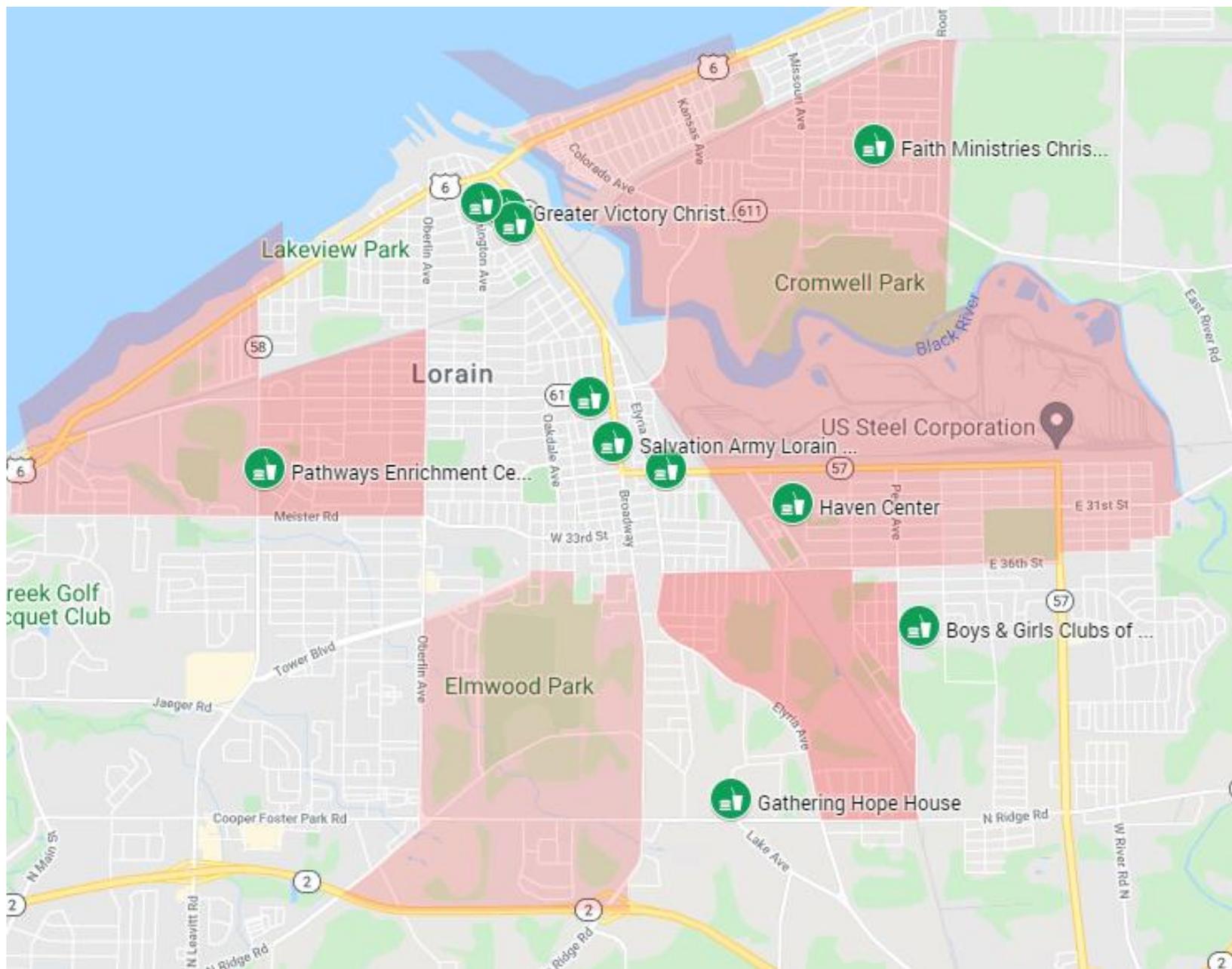
Mobile Pantries,
School Pantries &
CSFP (Senior Food
Box) Sites



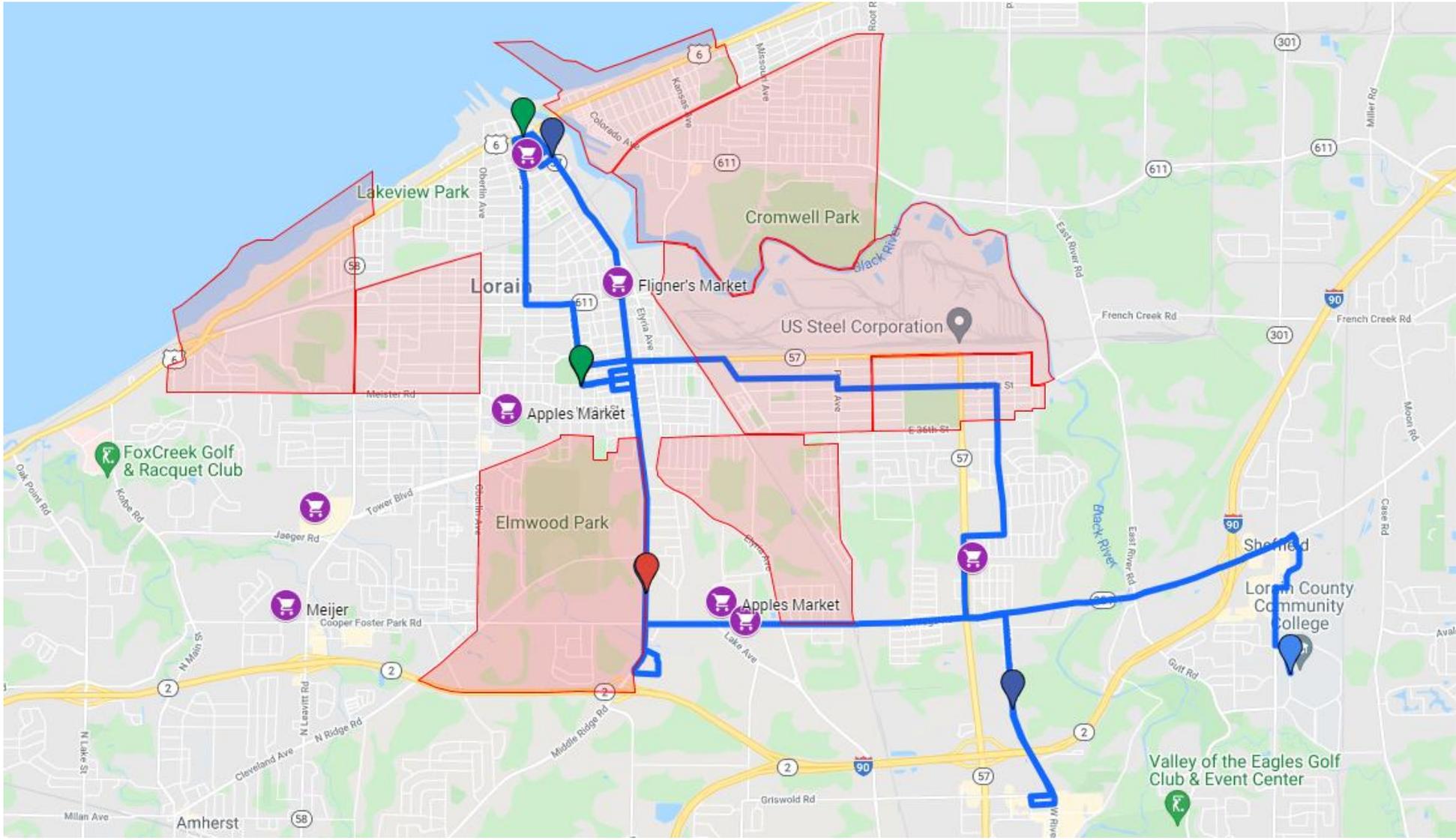
Produce Stands,
Gardens & CSA'S



Community Meals



LCT Transit routes
 & major grocery
 retailers



- Grocery Stores
- Uniform style
- All items (8)
 - Walmart Supercenter
 - Apples Market
 - Marc's Stores
 - Save A Lot
 - Save A Lot
 - Fligner's Market
 - Meijer
 - Apples Market

Estimated percent of housing units for which no vehicles are available in 2015-2019.

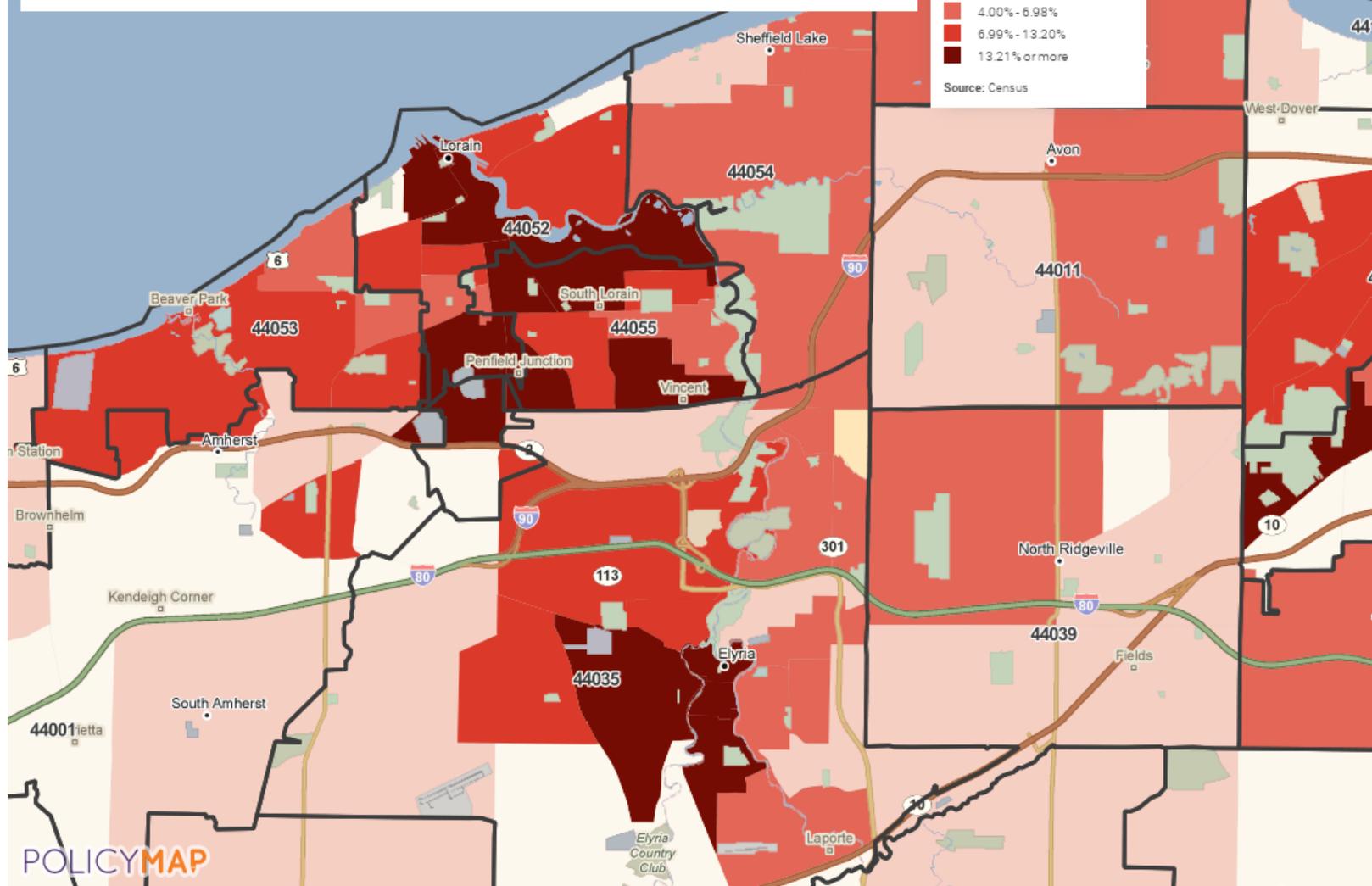
Estimated percent of occupied housing units for which no vehicles are available in 2015-2019. Percentage calculations are suppressed in cases where the denominator of the calculation was less than 10 of the unit that is being described (e.g., households, people, householders, etc.).

Percent Housing Units with 0 Vehicles Available
Year: 2015-2019
Shaded by: Census Tract, 2010

- Insufficient Data
- 1.97% or less
- 1.98% - 3.99%
- 4.00% - 6.98%
- 6.99% - 13.20%
- 13.21% or more

Source: Census

Zip Codes



Estimated Percent of households with 0 vehicles

Estimated percent of households with no internet access, between 2015-2019.

Estimated percent of households with no internet access, between 2015-2019. Internet access can include a subscription for dial-up, cellular, cable, fiber optic, DSL, satellite, or other service, or internet access without a subscription. Percentage calculations are suppressed in cases where the denominator of the calculation was less than 10 of the unit that is being described (e.g., households, people, householders, etc.).

Percent Households with No Internet Access

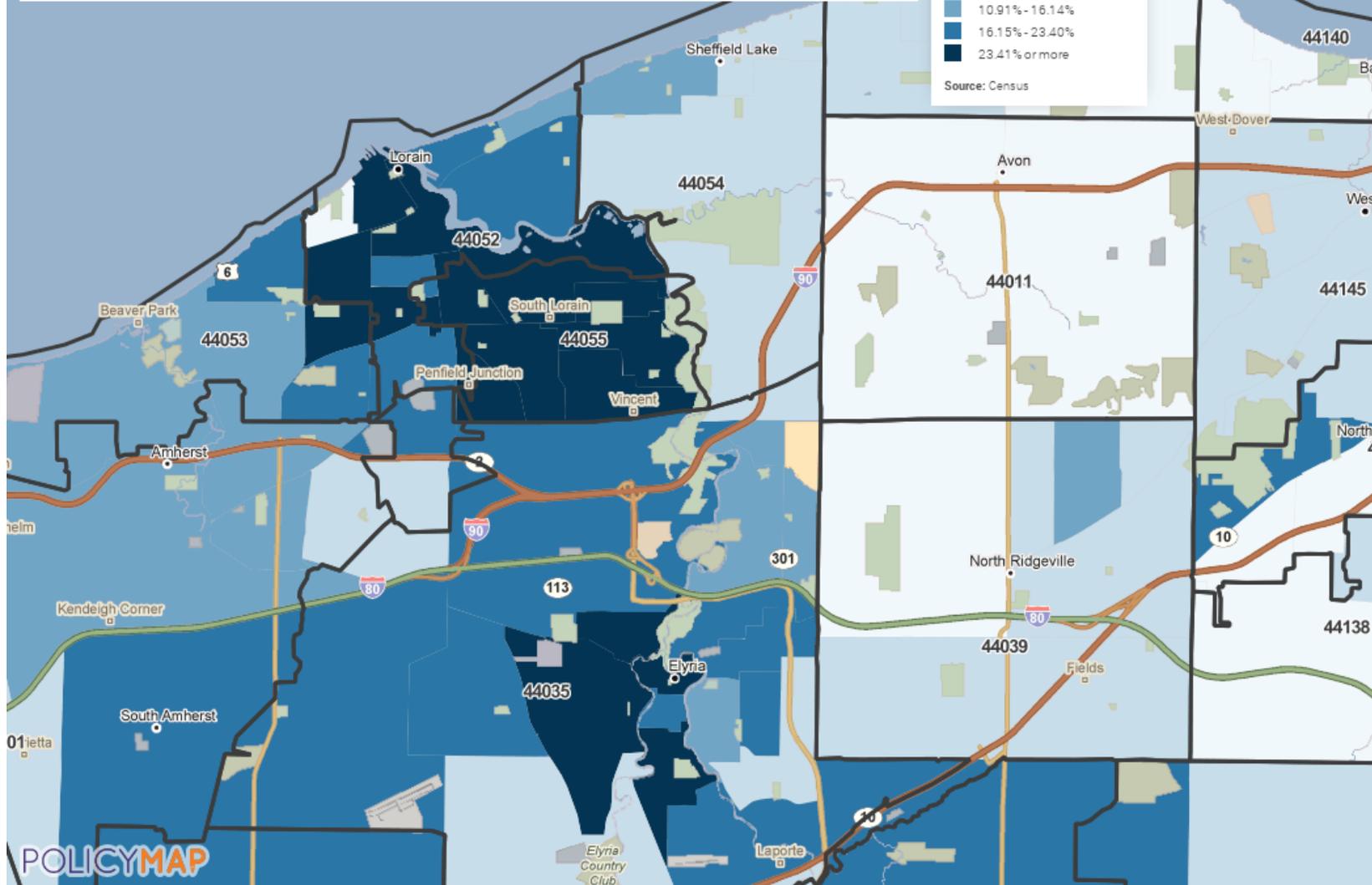
Year: 2015-2019

Shaded by: Census Tract, 2010

- Insufficient Data
- 6.14% or less
- 6.15% - 10.90%
- 10.91% - 16.14%
- 16.15% - 23.40%
- 23.41% or more

Source: Census

Zip Codes



Estimated Percent of households with no internet access

POLICYMAP

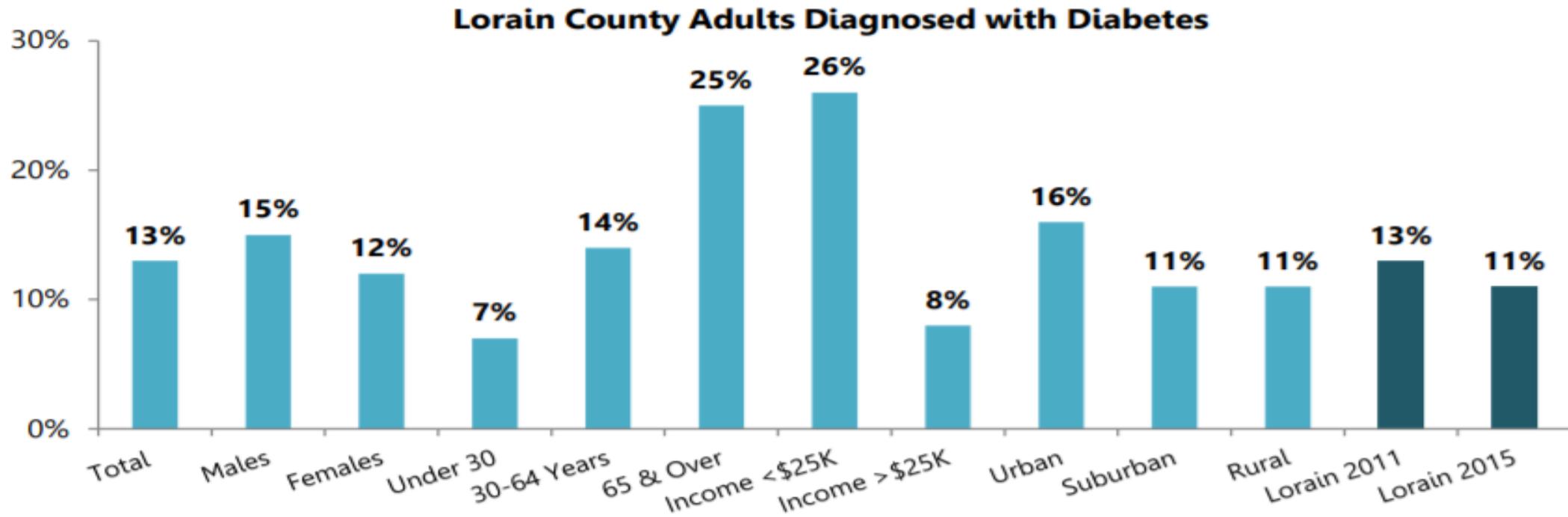


Lorain County Public Health
For the Health of Us All

Diabetes in Lorain County

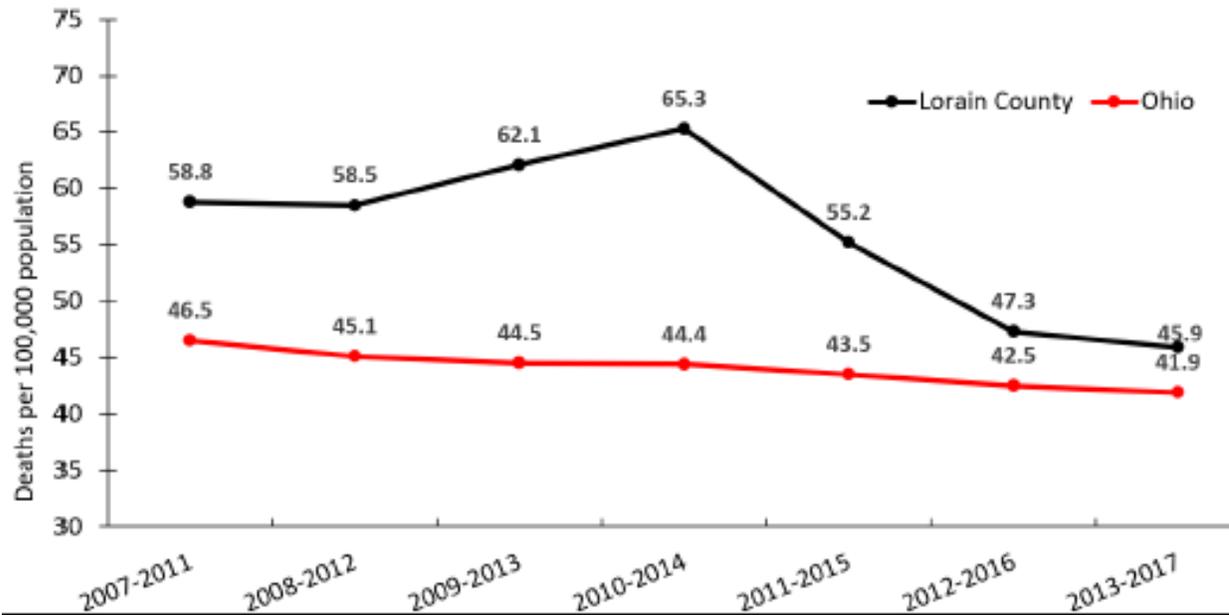
DIABETES

Thirteen percent (13%) of Lorain County adults had been diagnosed with diabetes in their lifetime. More than one-fifth (22%) of adults with diabetes rated their health as fair or poor.



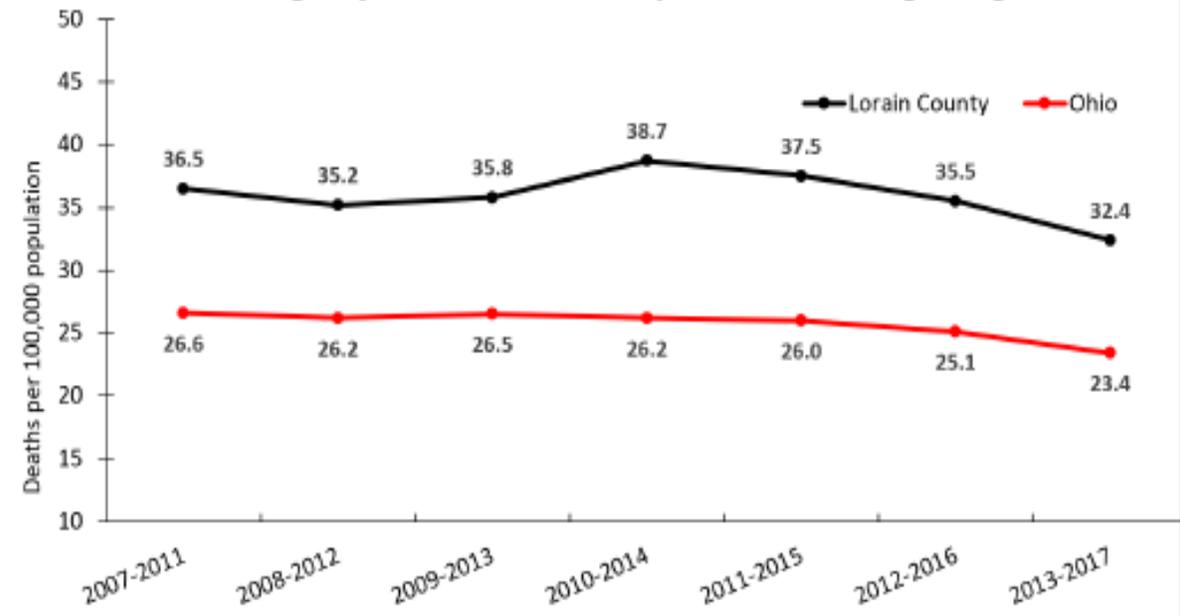
African American Diabetes Mortality

Age-Adjusted Diabetes Mortality Rate: 5-Year Moving Average

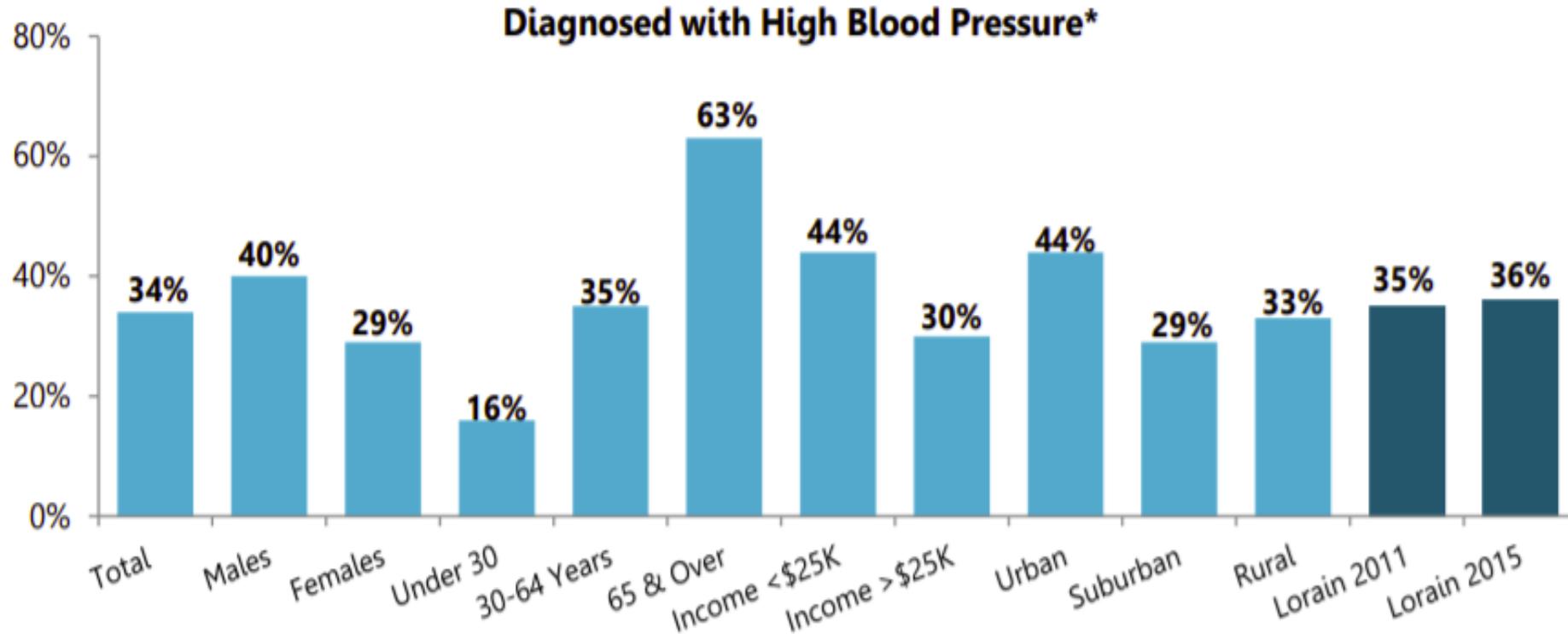


Hispanic Diabetes Mortality Rates

Age-Adjusted Diabetes Mortality Rate: 5-Year Moving Average

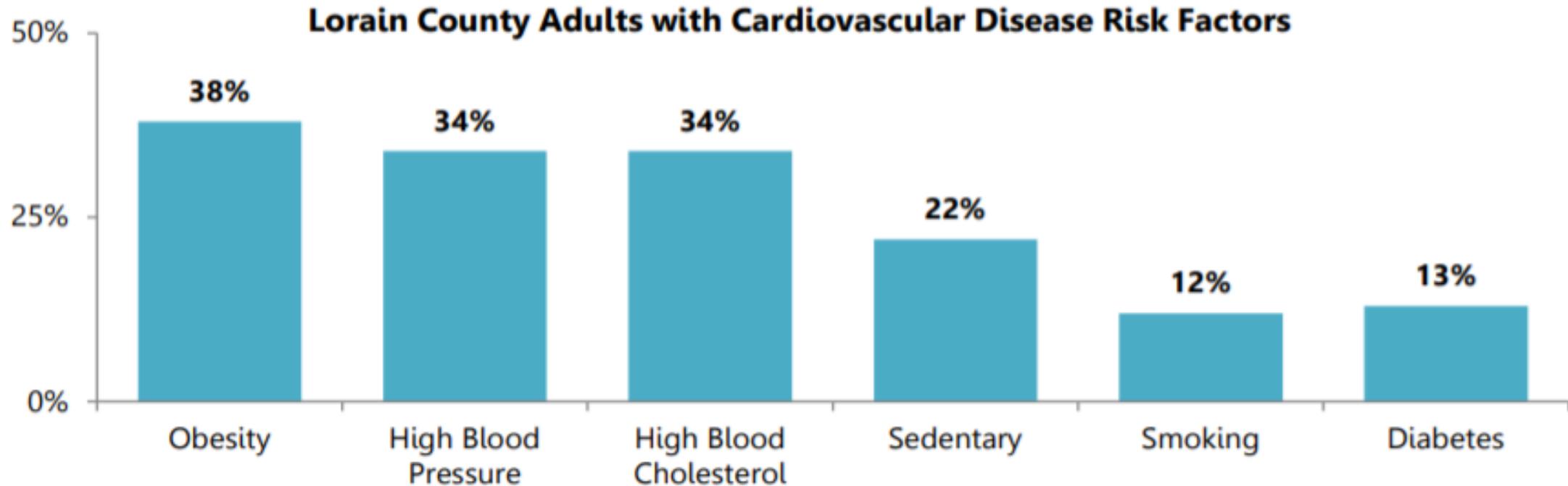


High Blood Pressure Lorain County



Cardiovascular Health

In 2018, 5% of adults had survived a heart attack and 3% had survived a stroke at some time in their life. Almost two-fifths (38%) of Lorain County adults were obese, 34% had high blood pressure, 34% had high blood cholesterol, and 12% were current smokers, four known risk factors for heart disease and stroke.



Household Income by Census Tract w/ Food Desert Outline



2018 Household Incom...

- 2,490 to 39,100
- 39,100 to 51,200
- 51,200 to 64,300
- 64,300 to 86,700
- 86,700 to 250,000

Food Desert: City Lorain

Food Desert: City Lor..



Caption

Description: Shows median house hold income by census tracts with purple outlined areas showing the food deserts in the city of Lorain.

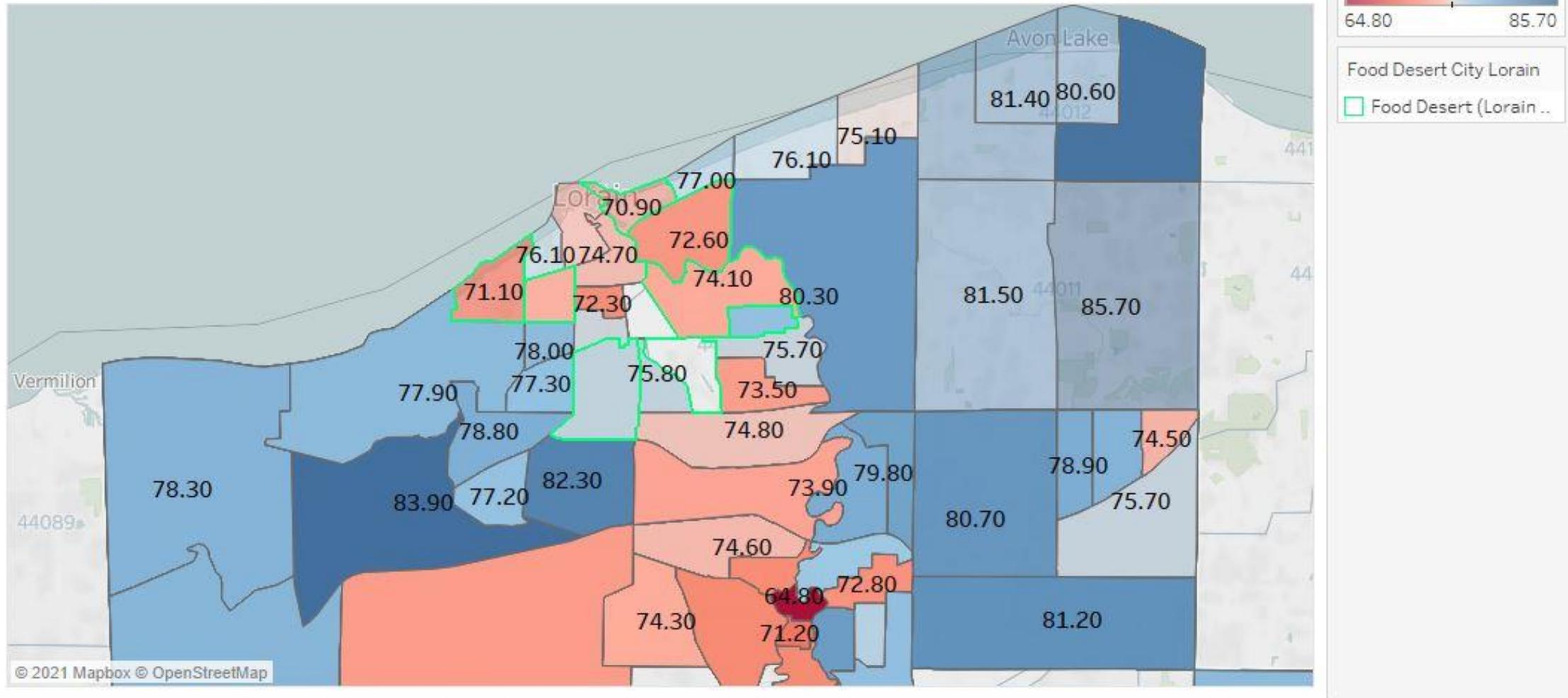
Income Data Source: <https://www.census.gov/programs-surveys/acs> and

Food Desert Source: <https://www.ers.usda.gov/data-products/food-access-research-atlas/go-to-the-atlas/>



Lorain County
Public Health
For the Health of Us All

Life Expectancy by Census Tract w/Food Desert Outline: Lorain County



Caption

Description: Shows the range of Life Expectancy for individuals living in Lorain County by Census Tracts. (No life expectancy data available for Tract #'s 071500,091100,023900,023200) Blank regions - no data available for those tracts.

Data Source: For data files: National Center for Health Statistics. U.S. Small-Area Life Expectancy Estimates Project (USALEEP): Life Expectancy Estimates File for (Jurisdiction), 2010-2015]. National Center for Health Statistics. 2018. Available from: <https://www.cdc.gov/nchs/nvss/usaleep/usaleep.html>.

What we've learned...

- 1. Where does this fall on your priority list in 2021/2022?**
- 2. What is one thing you see as critical to addressing food access in Lorain?**
- 3. What are you currently working on in this sphere that could be expanded/improved with better alignment and resources?**

What did we miss? Add to “bike rack” and/or email to KBray@LorainCountyHealth.com

What's next...



Break-Out Focus Sessions

Three Groups:

- Economic Development & Food Retail Expansion
- Healthcare Partnership, Diabetes Prevention & Nutrition / Culinary Literacy
- Connecting to Food through Technology & Transportation Networks

Guiding thread is focusing conversation around the person facing food insecurity & health issues.

Debrief



Where we go from here

Next steps

- Please complete a card and scan QR code for online survey
- You'll be contacted regarding Food Forward Working Group meetings

Next meeting

- Friday, October 15, 2021 at 9:00am

Please complete the card & online survey!